

August & September 2011

Williams Valley High School Food Focus: Fresh Local Tomatoes

Monday	Tuesday	Wednesday	Thursday	Friday
Aug.29 Welcome Back! Hamburger Bar with Toppings Baked Beans Bag of Pretzels Fresh Melon Milk	30 Turkey & Noodles Seasoned Peas Fresh Sliced Squash Multigrain Roll Chilled Peaches Milk	31 Cheeseburger Wrap French Fries Sliced Carrots Pineapple Chunks Milk	SEPT. 1 Foot Long Hot Dog with Chili or Kraut Tator Tots Cole Slaw Applesauce Milk	2 Pizza Sticks with Dipping Sauce Bread Stick French Fries, Green Beans Sliced Pears Milk
5 Labor Day Milk Choices: Skim milk, 1% white, 1% flavored	6 Read a Book Day Rotini with Meatballs Wheat Roll Green Beans Fresh Veggie Gardeneria Fresh Plum Milk	7 Chicken Nuggets Buttery Noodles Multigrain Roll Peas, Corn Chilled Apricots Milk	8 Baked Ham & Cheese Sub w/ Lettuce, Tomato , & Onion Potato Wedges Baked Beans Mixed Fruit Milk	9 Grilled Cheese Sandwich Tomato Soup, Saltines French Fries Sliced Peaches Milk
12 Cheesesteak on a Bun Peppers, Onions, Sauce Parsley Potatoes Tomato Onion Salad Applesauce Milk	13 National Peanut Day Chicken Patty Parmesan On a Bun, Side of Pasta Broccoli Caesar Romaine Salad Pineapple Chunks Milk	14 Super Nachos Brown Rice Refried Beans, Corn Homemade Pico de Gallo Mandarin Oranges Milk	15 Hot Turkey Sandwich Whipped Potatoes, Gravy Sweet Potatoes Sliced Pears Milk	16 Mayflower Day Macaroni & Cheese Stewed Tomatoes Seasoned Peas Multigrain Roll Mixed Fruit Milk
19 Triple Decker Grilled Ham & Cheese with Tomato Scalloped Potatoes Peas & Carrots Cantaloupe Milk	20 Salisbury Steak, Gravy Whipped Potatoes Green Beans Multigrain Roll Jello w/ Topping Milk	21 Miniature Golf Day Cheddar Burger With Onion Topping French Fries Mixed Veggies Applesauce Milk	22 Chicken Fingers, Gravy Whipped Potatoes Wheat Roll Seasoned Peas Mandarin Oranges Milk	23 Act 80 Day Available Daily: Hamburgers Cheeseburgers, Chicken Patties, Specialty & Cheese Pizzas, Entrée Salads, Assorted Cold Sandwiches & Wraps, Fresh Fruit & Side Salads
26 Johnny Appleseed B'day Beef & Cheddar on a Bun, French Fries Green Beans Fresh Apple Milk	27 Two Tacos with Lettuce, Tomatoes & Cheese Bag of Pretzels Seasoned Corn Apricots, Milk	28 Turkey Potpie Warm Biscuit Red Beets Green Beans Sliced Pears Milk	29 Baked Lemon Pepper Chicken, Cheesy Pasta Wheat Roll Corn, Chick Pea Salad Peach Crisp Milk	30 Lazy Lasagna Garlic Bread Broccoli Italian Veggies Pineapple Chunks Milk

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Menu subject to change without notice

Student Lunch: \$2.10 Reduced: \$.40 Adult: \$3.30 Milk: \$.55