

SPRING SPORTS PHYSICALS

Spring sports & 11th grade physicals by the school physician Dr. Scalia will be held on **Wednesday, February 20, 2019**. Students should come to the nurse's office at the scheduled time with the completed form:

8:30am **Baseball**

8:45am **Softball**

9:00 am **Jr High Softball**

9:15 am **11th grade students needing physical –list to be posted on nurse's door and shared with teachers**

This will be the only date for spring physicals; there will be no make up date. A physical is required before practice! If you cannot make this date, you need to contact your family physician and schedule an appointment for a physical **at your own expense**.

THE FIRST FIVE SECTIONS OF THE PHYSICAL FORM MUST BE COMPLETELY FILLED OUT WITH PARENT SIGNATURES (SEVERAL REQUIRED). PHYSICALS WILL NOT BE PERFORMED WITHOUT THE SIGNED FORM. Physical forms may be picked up in the high school office, nurse's office, or can be downloaded at the PIAA website (www.piaa.org). The form is listed under "Resources". Click on "Forms" and then choose "Comprehensive Initial Pre-Participation Physical Evaluation (CIPPE) Form."

***Students who already completed a physical for a previous sport do not need to have another one UNLESS THEY SUSTAINED AN ILLNESS OR INJURY since that physical. Section 7 of the sports physical packet NEEDS to be completed by the parent and the student. If the answer to all of the medical questions on page 7 is "NO", the student-athlete is ready to go. If any of the answers are "YES", the student will need to be RE-CERTIFIED BY A PHYSICIAN (Section 8). Please get the form from the high school office or see the school nurse.**

The completed section 7 paper must be returned to the nurse's office on or before the date of the school physical.*