

## Winter Sports Physicals Schedule

Winter sports physicals will be held on Wednesday, October 25, 2017 in the high school nurse's office. The physical schedule is as follows:

8:30 - 8:45 Boys JV & Varsity Basketball

8:45– 9:15 7<sup>th</sup> & 8<sup>th</sup> grade Boys Basketball

9:15 – 10:00 Wrestling

10:00 – 10:30 Girls Basketball and Cheerleaders

This will be the only date for winter sports physicals. **There will be no make up date.** If you cannot make this date, you will need to contact your family physician and schedule an appointment for a physical at your own expense. If you have any questions, contact the high school office; do not contact Dr. Scalia's office.

**THE FIRST FIVE SECTIONS OF THE PHYSICAL FORM MUST BE COMPLETELY FILLED OUT WITH PARENT AND STUDENT SIGNATURES (SEVERAL REQUIRED). THE FIRST TWO LINES OF SECTION 6 SHOULD ALSO BE COMPLETED. PHYSICALS WILL NOT BE PERFORMED WITHOUT THE SIGNED FORM!**

Physical forms may be picked up in the high school office, nurse's office, or can be downloaded at the PIAA website ([www.piaa.org](http://www.piaa.org)). The form is listed under "Resources". Click on "Forms" and then choose "Comprehensive Initial Pre-Participation Physical Evaluation (CIPPE) Form.

**\*Students who already completed a physical for a fall sport do not need to have another one UNLESS THEY SUSTAINED AN ILLNESS OR INJURY since that physical.**

Section 7 of the sports physical packet needs to be completed by the parent and the student. If the answer to all of the medical questions on page 7 is "NO", the student-athlete is ready to go. **If any of the answers are "YES", the student will need to be re-certified by a physician and a Section 8 form completed.** It is for this reason that the **completed section 7 paper should be returned to the nurse's office on or before the date of the school physical!** Section 7 forms can be obtained in the high school office or nurse's office.