

Winter Sports Physicals Schedule

Winter sports physicals will be held on Wednesday, October 24, 2018 in the high school nurse's office. The physical schedule is as follows:

8:30 - 8:45 - Boys JV & Varsity Basketball

8:45– 9:15 - 7th & 8th grade Boys Basketball

9:15 – 9:45 - Wrestling

9:45 – 10:15 - Girls Basketball and Cheerleaders

This will be the only date for winter sports physicals. **There will be no make up date.** If you cannot make this date, you will need to contact your family physician and schedule an appointment for a physical at your own expense. If you have any questions, contact the high school office; do not contact Dr. Scalia's office.

THE FIRST FIVE SECTIONS OF THE PHYSICAL FORM MUST BE COMPLETELY FILLED OUT WITH PARENT AND STUDENT SIGNATURES (SEVERAL REQUIRED). THE FIRST TWO LINES OF SECTION 6 SHOULD ALSO BE COMPLETED. PHYSICALS WILL NOT BE PERFORMED WITHOUT THE SIGNED FORM!

Physical forms may be picked up in the high school office, nurse's office, or can be downloaded at the PIAA website (www.piaa.org). The form is listed under "Resources". Click on "Forms" and then choose "Comprehensive Initial Pre-Participation Physical Evaluation (CIPPE) Form."

***Students who already completed a physical for a fall sport do not need to have another one UNLESS THEY SUSTAINED AN ILLNESS OR INJURY since that physical.**

Section 7 of the sports physical packet needs to be completed by the parent and the student. If the answer to all of the medical questions on page 7 is "NO", the student-athlete is ready to go. **If any of the answers are "YES", the student will need to be re-certified by a physician and a Section 8 form completed.** It is for this reason that the **completed section 7 paper should be returned to the nurse's office before the date of the school physical!** Section 7 forms can be obtained in the high school office or nurse's office.